



Irish Association for Counselling and Psychotherapy and the University of Holy Cross
Current Counselling Trends in Ireland and in the United States – Annual Conference



Wednesday, 7th August 2019, Trinity College Dublin, Hamilton Building

Conference Programme	MacNeill Theatre, Hamilton Building RECORDED SESSIONS	Joly Theatre, Hamilton Building	Maxwell Theatre, Hamilton Building
9:30 – 10:00	Registration Main Concourse of Hamilton Building		
10:00 – 10:30	Welcome Ray Henry IACP Chair Lisa Molloy IACP CEO & Theodore Remley Professor of Counselling University of Holy Cross		
10:30 – 10:45	Coffee Break		
10:45 - 11:45	Breakout 1 – Dr William Casile Using Imagery in Individual and Group Counselling.	Breakout 1 – Dr Aaron Norton Client Use of Medical Marijuana.	Breakout 1 – Dr Mary Creaner Clinical Supervision: Current Trends in Ireland and in the US.
11:45 - 12:00	Break		
12:00 - 13:00	Breakout 2 - Brendan O'Brien Breaking New Ground in Research and Practice: Suicide, Trauma and Family Constellations.	Breakout 2 – Dr Ted Remley Significant Legal and Ethical Concerns of Counsellors in the United States.	Breakout 2 – Izabela Morris EXPLORING SELF-ESTEEM. Helping adolescents and adults on a journey from a low to a healthy self-esteem.
13:00 – 14:00	Lunch Break Lunch served in the Lower Concourse of the Hamilton Building.		
14:00 – 15:00	Breakout 3 – Dr Becky Michel Strengths-Based Counselling in Practice.	Breakout 3 – Dr Mandy Perryman Top 10 Techniques for Treating Tots and Teens.	Breakout 3 – Heather Harris The Use of Art Therapy with Culturally Diverse Communities.

15:00 – 15:15	Break		
15:15 – 16:15	Breakout 4 – Dr Karen Ward New Irish research into spirituality from a shamanic energetic perspective and its place within a counselling setting.	Breakout 4 – Dr Kevin Doyle The Opioid Crisis in the United States – How Counsellors Should be Involved.	Breakout 4 – Dr Pat Thomas Self-Care and Wellness for Counsellors.
16:15 – 16:30	Break		
16:30 – 17:30	Breakout 5 – Dr Aaron Norton Managing Text, Email, and Facebook Issues in Your Counselling Practice.	Breakout 5 – Dafna Gauthier Why We Look for Intimate Connections (the emotional bond of attachment).	Breakout 5 – Emma Murphy Working with Long Standing Issues in a Time Limited Framework: Using a 12 Session Model for Binge Eating Disorder and Bulimia.
17:30 – 17:45	Break		
17:45 – 18:15	<u>Closing Feedback Session</u> Panel of speakers discussing the day and taking questions & feedback from the floor.		
18:30 – 20:00	Complimentary Reception in Café En Seine.		